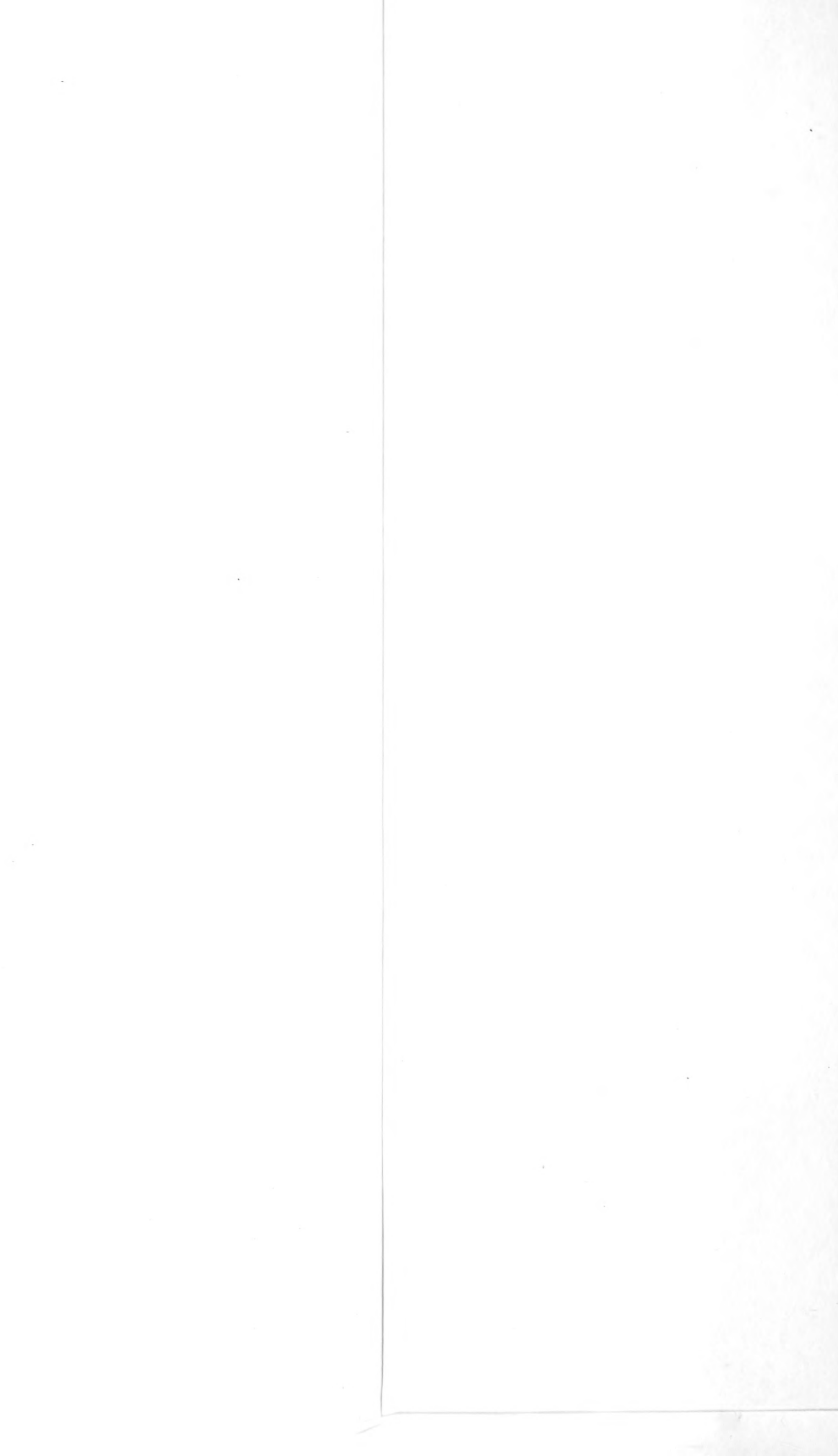


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RULES

OF THE

GYMNASIUM OF HARVARD UNIVERSITY.

THE regular gymnastic exercises will be on Wednesday and Friday, from 12 to 1 o'clock, or, when the length of the day admits, during the hour next after supper. On Monday the Monitors and Vice-Monitors are to meet separately, to prepare for the general exercises.

During the time of the regular exercises, none but those who have entered their names as Gymnasts are allowed to be on the Delta, or in the Gymnastic Room, unless they are Officers of the College, or are introduced by one of them.

During the regular exercises, the pupils shall perform no other exercises than those which are indicated by their respective Monitors.

No pupil is allowed to sit or lie on the bare ground, or to rest on any part of the apparatus.

No part of the apparatus shall be used for any purpose for which it is not calculated, such as the ropes of the climbing apparatus for swinging, or the balancing bars for sitting.

Not more than three persons at a time shall be exercising upon the same balancing bar.

The Gymnasts are to be put into divisions, according to the height of the pupils.

In each of these divisions a Monitor and a Vice-Monitor are to be chosen by the division, one of whom will be the

general Monitor for the week ; and from him the other Monitors will receive directions.

During the regular exercises, the pupils are to observe the directions of their respective Monitors.

The dress allowed for the gymnastic exercises, shall be worn by the pupils only in the Gymnasium, and whilst going to it from their rooms and returning.

The pupils and Monitors are to conform to the regulations which may from time to time be made by the Superintendent of the Gymnasium, with the approbation of the President.

On the first Monday of each Term, those who wish to practise gymnastic exercises will meet in the south inner dining-hall, at noon ; to enter their names, to be arranged in their divisions, and to choose Monitors.

The meeting for the above purposes, for this Term, will be on Wednesday, the twenty-second of November instant, at noon.

Harvard University, 17 November, 1826.

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